

FCCE PE curriculum overview

Taking a new approach to PE as of November 2016, all classes will be following the 'Real PE' scheme.

This resource addresses all of the national curriculum statements and we are incredibly excited to deliver high quality lessons that will lead to positive outcomes for our pupils' physical development. Real PE focuses on teaching and practicing the fundamental movement skills in a variety of settings and this can be tracked by teachers as we assess our pupils' progress in the separate areas as they move through the skill. Attached to the foot of this document is a copy of the assessment grid that we will use to track our pupils' progress. There are 12 separate areas for development and because the scheme is progressive, children are practising in all of the areas every year, completing increasingly challenging activities to be considered working at age related expectations.

Lessons for EYFS and KS1 pupils are usually themed and some are taught through story and song, engaging all pupils, building their self-esteem and willingness to contribute. For KS2 pupils, the emphasis on improving fundamental movement skills is still at the core of the lessons but they are also practiced through games and competitive scenarios.

Underpinning this curriculum are 6 'cogs' that help children to develop interpersonal skills and realise the benefits of physical activity; these also link to our own Christian values. The six cogs are: creative, children are required to contribute ideas for and ways of participating in activities; social, working closely with others, managing interactions and emotions; health and fitness, highlighting the importance of physical activity when leading a healthy lifestyle; cognitive, being able to solve problems and overcome challenges and physical, linked to health and fitness but also relating to the fundamental movement skills. In all lessons, children are encouraged to develop their skills within the 6 areas.

As a school, we will all be teaching primarily from this curriculum throughout the year. The curriculum that we have replaced, the Val Sabin scheme for gymnastics, dance, athletics and games is still a resource that teachers may use to support learning from the Real PE scheme.

FUNS

Agility, Balance, Coordination

