

FRAMPTON COTTERELL CofE PRIMARY SCHOOL : LUNCH CHOICES (JANUARY 2024 – MARCH 2024)

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
01 ST JAN 22 ND JAN	HANDSTRETCHED PIZZA WITH HAM & PEPPERONI	HOMEMADE CHILLI CON CARNE & RICE	ROAST CHICKEN	ALL DAY BREAKFAST – SAUSAGE & BACON	FISH FINGERS
19 TH FEB 11 TH MARCH	HANDSTRETCHED CHEESE & TOMATO PIZZA (V) CORN ON THE COB & BEANS CHOCOLATE CRUNCH	HOMEMADE MACARONI CHEESE (V) GREEN BEANS OR PEAS VANILLA ICED SPONGE	QUORN ROAST (V) STUFFING, ROAST POTATOES, CARROTS, BROCCOLI & GRAVY BANANA CAKE	VEGETARIAN BREAKFAST – QUORN SAUSAGE (V) HASH BROWNS & BEANS ICED BUNS	CHEESE & TOMATO MUFFIN POTS (V) CHIPS, BEANS OR PEAS OATY BISCUIT
WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
08 TH JAN 29 TH JAN	CHICKEN NUGGETS QUORN NUGGETS (V)	PORK SAUSAGES QUORN SAUSAGES (V)	ROAST GAMMON CAULIFLOWER CHEESE (V)	HOMEMADE CHICKEN CURRY & RICE HOMEMADE TOMATO PASTA BAKE (V)	FISH FILLETS VEGETABLE FINGERS (V)
26 TH FEB 18 TH MARCH	MINI WAFFLES, SPAGHETTI HOOPS OR SWEETCORN FLAPJACK	MASH POTATO, CARROTS, PEAS & GRAVY CHOCOLATE SPONGE	ROAST POTATOES, BROCCOLI, CAULIFLOWER & GRAVY CARROT CAKE	GREEN BEANS OR PEAS APPLE CRUMBLE & CUSTARD	CHIPS, BEANS OR SWEETCORN STRAWBERRY ARCTIC ROLL
WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
15 TH JAN 5 TH FEB	HOMEMADE BOLOGNESE WITH PASTA	HOMEMADE CHICKEN PIE & MASH POTATO	ROAST PORK LOIN	HOT DOG WITH ONIONS	FISH FINGERS
4 TH MARCH 25 TH MARCH	HOMEMADE CHEESE & BEAN WRAP (V) SWEETCORN OR SALAD CHOCOLATE CRISPY CAKE	HOMEMADE CHEESE & TOMATO PINWHEEL (V) GREEN BEANS & PEAS PINEAPPLE SPONGE	VEGETABLE LASAGNE (V) ROAST POTATOES, CARROTS, BROCCOLI & GRAVY SHORTBREAD	QUORN HOT DOG (V) SAUTE' POTATOES, CORN ON THE COB OR BEANS CHOCOLATE BROWNIE	QUORN SOUTHERN FRIED BITES (V) CHIPS, BEANS OR PEAS JAM TARTS

**PACKED LUNCHES AVAILABLE DAILY WITH A CHOICE OF FILLINGS HAM / CHEESE / TUNA MAYO
ALL PACKED LUNCHES WILL HAVE THE SAME CHOICES (PUDDING/SALAD BAR) AS THE HOT MEALS**

JACKET POTATOES SERVED DAILY WITH A CHOICE OF FILLINGS: CHEESE / TUNA MAYO / BAKED BEANS

**FRUIT, YOGHURT & SALAD BAR AVAILABLE DAILY
VEGAN / GLUTEN FREE CHOICES AVAILABLE DAILY**

IF YOU HAVE ANY DIETARY CONCERNS FOR YOUR SON / DAUGHTER, PLEASE CONTACT OUR HEAD CHEF **BECKY AT Rebecca.Smith4@fceprimary.co.uk WHO WILL BE PLEASED TO ANSWER ANY QUESTIONS**